



PLANTAR UMA ÁRVORE

**Volunteer**  
with the **European Solidarity Corps**  
for Activities in Portugal with Ecological Sense

Project financed by the **Programa LIFE (LIFE17 ESC/PT/003)**

**EUROPEAN SOLIDARITY CORPS** |



## LIFE VOLUNTEER ESCAPES

The **LIFE VOLUNTEER ESCAPES** project is one of the four projects funded by the LIFE programme to **test and assess the deployment of European Solidarity Corps (ESC) volunteers to support nature and biodiversity conservation activities** in Europe. This is a preparatory project under the LIFE programme, which means that it seeks to generate information and knowledge that can be employed on a larger scope, both domestically and in other EU Member States, even after the conclusion of the project.

The project involves a **large consortium of organisations** with prior experience in hosting and deploying volunteers in nature and biodiversity conservation activities.

**MONTIS** is the coordinator of the LIFE VOLUNTEER ESCAPES project. The other partners of the consortium include:

- Local and central administrative bodies (**Agência Portuguesa do Ambiente, I.P.**, and **Município de Torres Vedras**).
- Environmental Non-Governmental Organisations (**SPEA - Sociedade Portuguesa para o Estudo das Aves**, **Plantar Uma Árvore**, and **MARCA – Associação de Desenvolvimento Local**).
- Other non-profit-making organisations that, in the context of their activities and relationships with their partners, seek to integrate environmental and nature conservation considerations into economic activity (**BCSD Portugal - Conselho Empresarial para o Desenvolvimento Sustentável**, and **ROTA VICENTINA - Associação para a Promoção do Turismo de Natureza na Costa Alentejana e Vicentina**).
- An enterprise in environmental communication that will contribute to the implementation of this specific component of the project (**PLAYSOLUTIONS – Audiovisuais**).

It is expected that from June 2018 until the conclusion of the project, **175 volunteers will be deployed to complete the project activities, whether in the field or in the office**, covering mainly Natura 2000 locations and species/habitats protected by the Birds and Habitats Directive.

To achieve these and other objectives – including the development and implementation of a combined, rotative volunteering programme, which allows volunteers to get involved with more than one organisation – **each partner will host, for varied periods and for different types of activities, volunteers recruited through the ESC**.

The **host locations** are scattered throughout several regions (such as the **Azores** and **Madeira**), and municipalities (such as **Faro, Lisbon, Montemor-O-Novo, Odemira, Sesimbra, Sintra, Torres Vedras, Vila Pouca de Aguiar** and **Vouzela**).

Volunteering schemes will be communicated directly by each partner through their platforms, and also through the Facebook page of the project (<https://www.facebook.com/volunteer.escape/>). Those interested, **must be between 18 and 30 years old, and be registered in the ESC Database, to be eligible to apply** ([https://europa.eu/youth/solidarity\\_en](https://europa.eu/youth/solidarity_en)).

If you would like to **know more about the project and/or the available volunteering schemes**, please contact **Plantar uma Árvore** or any of the other partners, through the contact details available in this document.



AGÊNCIA  
PORTUGUESA  
DO AMBIENTE



Torres Vedras  
Câmara Municipal



spea  
Sociedade Portuguesa  
para o Estudo das Aves



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marca  
PLANTAR UMA ÁRVORE



ROTA VICENTINA  
TURISMO NA NATUREZA



BCSD  
EQUILÍBRIO RESPONSÁVEL

Conselho Empresarial  
para o Desenvolvimento  
Sustentável



play  
solutions  
SOLUÇÕES

## Plantar uma Árvore

O projeto da associação **Plantar uma Árvore** teve génese num movimento cívico, em 2009, fruto de um movimento informal de mobilização cívica em prol da floresta nativa e das espécies vegetais autóctones, após um verão de grandes incêndios.

O sucesso do movimento consubstanciou a constituição do projeto como Organização Não Governamental em 2012. Com uma estrutura assente no voluntariado, tem como missão o envolvimento ativo e consciente da sociedade na conservação, valorização e gestão da floresta nativa em Portugal, desde o cidadão individual, aos diversos grupos corporativos, passando por escolas e grupos informais. A sua atuação desenvolve-se através de parcerias de gestão e de apoio em diversas áreas a nível nacional, na sua maioria públicas e protegidas, totalizando 12 atualmente entre Portugal continental e as Ilhas dos Açores e da Madeira.

Tendo em curso uma dinâmica de voluntariado regular e de curta duração, a integração da associação no projeto **LIFE VOLUNTEER ESCAPES** revelou-se essencial para criar oportunidades de voluntariado profissional e continuo no tempo, até então inexistentes.

Para mais informações sobre as ofertas, poderá contactar a equipa da **Plantar uma Árvore** através do email: [volunteer.escape@plantarumaarvore.org](mailto:volunteer.escape@plantarumaarvore.org).

## Volunteering schemes

The volunteering scheme offered by Plantar uma Árvore has two areas of action, one in **Lisbon (Sintra-Cascais Natural Park)** and the other in **Trás-os-Montes (Serra do Alvão and the Natura 2000 network)**. There are **volunteering opportunities for periods of 2 months to 1 year**.

The work will focus on diverse **field work activities** such as removal of invasive species, plantations, and promotion of native vegetation, natural engineering work along water lines, management of walking trails, raising awareness among tourists, small landowners, and local entities, as well as the coordination of field activities with other volunteers.

## What we provide?

**Plantar Uma Árvore** will provide to all ESC volunteers:

- guidance by a specific supervisor, designated in the volunteering agreement;
- theoretical and practical instruction of the tasks to be performed;
- compulsory insurance;
- in terms of accommodation and food allowance, the volunteer will receive up to 20 EUR per volunteering day, which should meet the basic needs of accommodation;
- reimbursement of travel expenses from place of residence to hosting organisation (away and return per volunteer per volunteering period), in accordance with the thresholds set by the ESC:
  - 10 to 99 km: up to 20 EUR;
  - 100 to 499 km: up to 180 EUR;
  - 500 to 1999 km: up to 275 EUR;
  - 2000 to 2999 km: up to 360 EUR.

